

#### AMENDMENTS TO THE SPECIFICATION

Please replace paragraph [0057] with the following amended paragraph:

[0057] Figure 2 shows the co-operation of the essential structural elements of a bearing structure in three conditions, namely, at the left in the compressed condition of the bearing structure, in the center in a transitional condition from the compressed to the expanded condition of the bearing structure, and at the right in the expanded condition of the bearing structure. A hinge spring strut 30 extends from an anchor region 32 to an elastically resilient end 34. A hinge strut 36 adjoins the resiliently deflectable end 34 of the spring strut 30. An expansion direction x is shown at the right in Figure 2. A central axis of the hinge strut is shown as a dashed line extending along the length of hinge strut 36. A hinge axis extends perpendicular to the plane of Fig. 2 at the intersection of spring strut 30 and hinge strut 36, as shown in Fig. 2, as the hinge axis extends transversely with respect to the bearing structure. A reference axis is shown in the center of Fig. 2 as a combined dashed and dotted line. The reference axis extends transversely with respect to the expansion direction and transversely with respect to the hinge axis.